



WALKING TRACK WINTER SCHEDULE

CROSSMAN COMMUNITY CENTRE/KAY ARENA

99 Wynwood Dr., Moncton, NB • 506.877.7715 • moncton.ca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Seniors Walk, run and roll 	8 am to 10:30 am	8 am to 10:30 am	8 am to 10:30 am	8 am to 10:30 am	8 am to 10:30 am	8 am to 10:30 am	8 am to 10:30 am
Cruisers – Strollers Parents and tots 	10:30 am to 12:30 pm	10:30 am to 12:30 pm	10:30 am to 12:30 pm	10:30 am to 12:30 pm	10:30 am to 12:30 pm	10:30 am to 12:30 pm	10:30 am to 12:30 pm
Adults Walk and jog 	1 pm to 3 pm	1 pm to 3 pm	1 pm to 3 pm	1 pm to 3 pm	1 pm to 3 pm	1 pm to 3 pm	1 pm to 3 pm
Dryland Training 	5:30 pm to 7 pm		5:30 pm to 7 pm		5:30 pm to 7:00 pm		